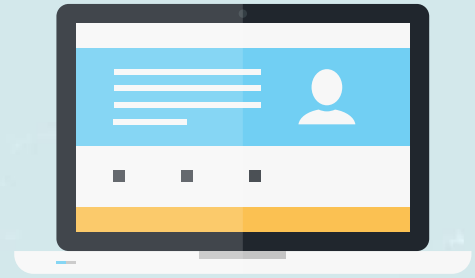


# Digital Discipleship

## Reflect God's Love to Others Online

Netiquette is online behavior that is safe and considerate of others. Remind your child that a human being with feelings is usually behind the screen names he or she sees online. Discuss positive offline behaviors that your child can apply to his or her online activity.



## Establish a Safe Online Environment at Home

If you have not already set clear expectations and rules for your child's online behavior, consider developing some guidelines and sharing them with the whole family. For example, you may establish screen-time limits, use your web browser to bookmark a list of age-appropriate websites for your child, or designate specific areas in your home where online activity should be conducted. Discuss the reasoning behind these rules with your child.



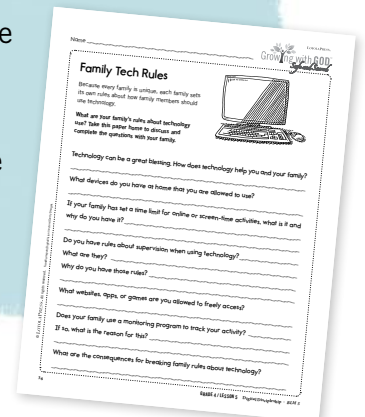
## Online Safety

Your child can identify unsafe online situations and adopt strategies to avoid them. Discuss some potential unsafe situations that your child might encounter online, then brainstorm ideas together for how your child should react in those situations.



## Family Rules for Online Activity

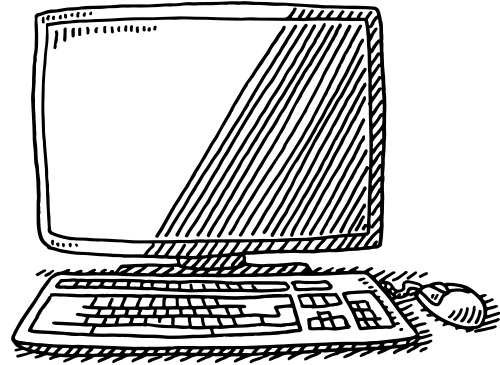
Sit down together as a family and use the Family Tech Rules handout to review your family's rules for online behavior and technology use. Together ask God to provide guidance and protection for your family in online spaces. Invite your child to pray about specific aspects of his or her technology use that he or she finds concerning or wants God's help with.



Name \_\_\_\_\_

# Family Tech Rules

Because every family is unique, each family sets its own rules about how family members should use technology.



**What are your family's rules about technology use? Take this paper home to discuss and complete the questions with your family.**

Technology can be a great blessing. How does technology help you and your family?

\_\_\_\_\_

What devices do you have at home that you are allowed to use?

\_\_\_\_\_

If your family has set a time limit for online or screen-time activities, what is it and why do you have it? \_\_\_\_\_

\_\_\_\_\_

Do you have rules about supervision when using technology? \_\_\_\_\_

What are they? \_\_\_\_\_

Why do you have those rules? \_\_\_\_\_

\_\_\_\_\_

What websites, apps, or games are you allowed to freely access?

\_\_\_\_\_

Does your family use a monitoring program to track your activity? \_\_\_\_\_

If so, what is the reason for this? \_\_\_\_\_

\_\_\_\_\_

What are the consequences for breaking family rules about technology?

\_\_\_\_\_